

Atlantic Revolutions Recipe Poster



Recipe Directions:

- American
- French
- Haitian
- Mexican
- Latin American

Title (and picture of the food)

- **Witty & relate to your specific revolution**
- **What's a normal dish made in that area? Can you put a spin on the words and make it into a witty pun? Is this a breakfast, lunch, dinner, or dessert recipe?**

List of Ingredients

- **Consider “ingredients” or elements that must be in place PRIOR to a revolution**
 - *Ex.* **“3 cups of angry peasants” OR “a dash of Rousseau”**
- **2 ingredients = condition of the people and/or the problems in the land**
- **2 ingredients = abuse and oppression of the government**
- **2 ingredients = ideas, revolutionary spirit, upwelling of anger, or leaders involved in the revolution itself**

Steps for Preparing the Recipe

- **Using your ingredient list, explain the steps of your revolution**
- **Use cooking terms: “mix,” “beat,” “whip”, “simmer,” “cook,” “bake,” “fold in”**
- **Consider the events:**
 - **Long-term = the ingredient may need to “simmer for 10 years”**
 - **Short-term = maybe it can be “sprinkled on top” of the finished dish**

Hidalgo Helado

INGREDIENTS:

- a bucket of dictatorship
- 5 cups of political turmoil
- 1 pint of excessive labor
- 3 cups of social inequality
- 1 splash of stolen resources
- 1 cup of **mexican blood**

Instructions:

- 1) start with a bucket of dictatorship
- 2) mix political turmoil and excessive labor in the nation
- 3) pour social inequality and stolen resources together
- 4) Finally add the mexican blood and

ENJOY! :)



1917 - Russian REVOLUTION

INGREDIENTS →

- 2 Tablespoons of Protests.
- 1 Cup of Vladimir ~~De~~ Lenin.
- 1 Dash of Peace, Land, Bread.
- 1 Dab of Communism.
- 2 Drops of Refusal.

Steps to Perfection!

1. Whip All Ingredients Together into Large Bowl.
2. Find Vladimir Lenin, your leader and sprinkle in Bowl.
3. So far you should have Bolshevik Party.
4. Say your slogan four times.
5. Put mixture in oven on high (420°F) for Three Years and 1 DAY.

Your Result should look like the Russian Revolution of 1917.

